

Virtual mental health care for kids, teens, & families



“Brightline takes the guesswork out of mental health care for my child”

- Brightline parent

Fast access to personalized support



Chat with a mental health expert & schedule video visits within days

Evidence-based care from experts



Our therapists & coaches have years of experience working with kids of all ages

Access to our one-stop digital platform



Track progress, appointments, & read expert-backed resources

Create a free account today for immediate access to mental health tips & resources

GET STARTED AT
helloworld.brightline.com/aetna/now



<< SCAN HERE <<



Getting started is easy:

1. **Scan the QR code or visit this URL to create your account.** We'll confirm your kid's health plan information, and what services are covered.
3. **Tell us about your family.** Based on your answers to our short questionnaire, we'll recommend therapy or coaching.
4. **Explore free resources or schedule your first appointment.** Appointments are available within days — no long waitlists here!

Questions? Call (888) 224-7332 speak with a Brightline team member about our services.