



## We Help Support Your Life!

As part of your employee benefit plan, you have access to a wide range of EAP and Work/Life support services from Health Advocate. Just call to reach our experts, who will promptly help you get the answers and solutions you need about childcare, eldercare, legal, financial, and identity theft services.

**An EAP Professional can also provide confidential counseling for personal, family and life issues.**

### Childcare

**Our Childcare Service can help you with many different concerns, searches and topics such as:**

- Childcare centers
- Family-run childcare homes
- Nanny agencies
- Summer camps
- Babysitter tips
- Community resources
- Camp checklist
- Pre-school
- Back-up care



### Eldercare

**Our Eldercare Service can assist with various topics, concerns and searches such as:**

- Assisted living
- Nursing homes
- Independent living
- Home health aides
- Adult day care services
- Senior centers
- Geriatric care managers
- Community resources
- Care for adults with disabilities



## Legal Services

**Legal services are provided by attorneys and include a free telephone consultation.** Depending on your issue, you may be eligible to receive a 25% discount off the attorney's regular fees.

### Personal/Family Law

- Adoption
- Guardianship
- Custody
- Child support
- Divorce
- Name change

### Elder Law

- Estate planning
- Probate
- Wills
- Revocable Living Trust
- Durable Power of Attorney
- Healthcare directives

### Real Estate

- Assistance in the acquisition or sale of residential property
- Lease and rental of apartments
- Property boundary disputes

## Financial Services

**Financial services are provided by seasoned professionals and include a free telephone consultation.**

### Debt Management

- Selecting a credit card
- Debt counseling and consolidation

### Budgeting

- Income and expense review
- Increasing take-home pay
- Lowering expenses
- Leasing vs. buying
- Refinancing

### Credit Report Issues

- How to request a copy
- Credit score consultation
- Removing inaccurate information
- Your rights under the law

### Financial Services

- College savings plans
- Common retirement strategies
- Life insurance

## Identity Theft

**Information and resources to help prevent identity theft from occurring.**

- Recognize the warning signs of identity theft and credit fraud
- Learn methods to identity theft prevention
- Understand what to do if identity theft occurs

## For More Information

Call our toll-free number to reach a Work/Life Specialist who can assist you. You can also visit our website to view helpful articles, resources and informative webinars!

Your Health Advocate EAP+Work/Life Program is paid by your employer or plan sponsor, and is completely confidential.



**866.799.2485**

Email: [answers@HealthAdvocate.com](mailto:answers@HealthAdvocate.com)



Web: [HealthAdvocate.com/members](http://HealthAdvocate.com/members)

**HealthAdvocate<sup>SM</sup>**